

Do you love someone who struggles with drug and/or alcohol use?



USARA
Utah Support Advocates
for Recovery Awareness

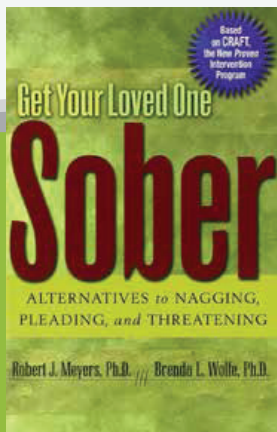
FAMILY SUPPORT GROUP

USARA's Community Reinforcement and Family Training (CRAFT) support group is a free structured program for family members and friends who are concerned about someone close to them with a substance use disorder.

ABOUT CRAFT:

- CRAFT can be joined at ANY time
- No registration required and no charge for class or materials
- Both in person and online groups available
- Learn evidence-based skills and strategies to help with communication
- Emphasis on self-care
- Narcan training and kits provided

Group books and materials provided.



**Online Weekly CRAFT Family
Support
Mon, Tues, Wed, & Thurs 6 -
7:30 PM MST**

**Meeting link:
[https://us02web.zoom.us/j/86
950545911](https://us02web.zoom.us/j/86950545911)
Passcode: 854607**

**For more info, contact Darlene
Schultz at (801) 599-1667**

www.myusara.com