

*Carbon & Emery Counties*

# **Substance Use Disorder & Recovery Resource Book**

**Updated and Printed January, 2022**



**UtahStateUniversity**

Emma Eccles Jones College of Education and Human Services  
Extension



**HEALTH EXTENSION**  
Advocacy. Research. Teaching.

**CARBON & EMERY  
OPIOID &  
SUBSTANCE USE  
COALITION**

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*This is not an exhaustive resource*

While this is not an exhaustive list of all services in our counties, it serves as a **stepping stone** to learn about sources on your or a loved one's path to recovery.

**THE CARBON & EMERY OPIOID & SUBSTANCE USE  
COALITION CREATED THIS RESOURCE BOOK IN  
OCTOBER 2019.**

**FOR UPDATED AND ALL OTHER NEEDED RESOURCES,  
PLEASE REFER TO:  
UNITED WAY 2-1-1  
CALL 2-1-1 OR [211UTAH.ORG](https://211UTAH.ORG)**

# My Resources



This book belongs to:

Things that trigger stress for me:


How I can help myself feel better (coping skills):


Friends I can call when I need to talk:

Name	Phone Number

Professionals and Agencies I can call if I need more help:

Name	Phone Number
Suicide/Crisis Hotlines	1-800-273-TALK (8255) (833) 372-3388 (chat/app available)

## Emergency Resources



### **Castlevew Hospital: Emergency Room**

(435) 637-4800  
300 North Hospital Drive  
Price, Utah 84501

### **Emery Medical Center**

(435) 381-2305  
90 West Main Street  
Castle Dale, Utah 84513

### **Green River Medical Center**

(435) 564-3434  
585 Main Street  
Green River, Utah 84525

### **University of Utah Neuropsychiatric Institute (UNI) Crisis Line**

(801) 587-3000

### **UNI Crisis Text Line**

Text "START" to 741-741

### **Utah Poison Control Center**

(800) 222-1222  
[poisoncontrol.utah.edu](http://poisoncontrol.utah.edu)



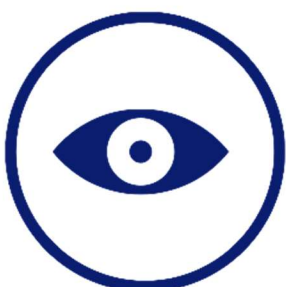
## Emergency Resources

### The Good Samaritan Law

If you think someone is overdosing, call **9-1-1**. The Good Samaritan Law enables bystanders to report an overdose without fear of criminal prosecution for possession of controlled substances.

**Naloxone** is a safe antidote to opioids that has no risk of abuse and will not help or harm someone if they are overdosing on another drug. To find Naloxone in your area, visit [naloxone.utah.gov](http://naloxone.utah.gov)

### Signs of an Opioid Overdose



Small, pinpoint pupils



Faint heartbeat



Blue/purple fingernails & lips



Can't be woken



Shallow or slow breathing



Gurgling, choking noise

## Suicide Prevention Resources



### **National Suicide Hotline**

[suicidepreventionlifeline.org/talk-to-someone-now](https://suicidepreventionlifeline.org/talk-to-someone-now)

Confidential and free emotional support for people in suicidal crisis or emotional distress: 24/7, phone or text. Chat available online.

1(800) 273-TALK (8255)

[suicidepreventionlifeline.org/chat](https://suicidepreventionlifeline.org/chat)

For TTY Users: Use your preferred relay service or dial 711 then 1-800-273-8255.

### **Nacional de Prevención del Suicidio**

1 (888) 628-9454

### **Safe UT**

SafeUT: Help with any sized problem, any time. Phone support, online chat, and app available.

(833) 372-3388

[uofuhealth.org/safeut](https://uofuhealth.org/safeut)

### **Suicide Prevention Hotline for Law Enforcement Personnel**

1 (800) 267-5463

### **Local Law Enforcement (*for immediate danger*)**

9-1-1

## Medication Disposal Drop Boxes



### **FDA Drug Take-Back Locations Finder**

[fda.gov/drugdisposal](https://www.fda.gov/drugdisposal)

#### **Helper Clinic**

125 South Main Street  
Helper, Utah 84526

#### **Helper Police Department**

97 South Main Street  
Helper, Utah 84526

#### **Castleview Hospital**

300 Hospital Dr  
Price, Utah 84501

#### **Castleview Urgent Care**

317 East 100 North  
Price, Utah 84501

#### **Price City Police Department**

910 North 7th East Street  
Price, Utah 84501

#### **Carbon Medical Service**

331 Highway 123  
Sunnyside, Utah 84539

## Medication Disposal Drop Boxes

### **East Carbon Police Department**

101 West Geneva Dr  
East Carbon, Utah 84520

### **Emery Medical Center**

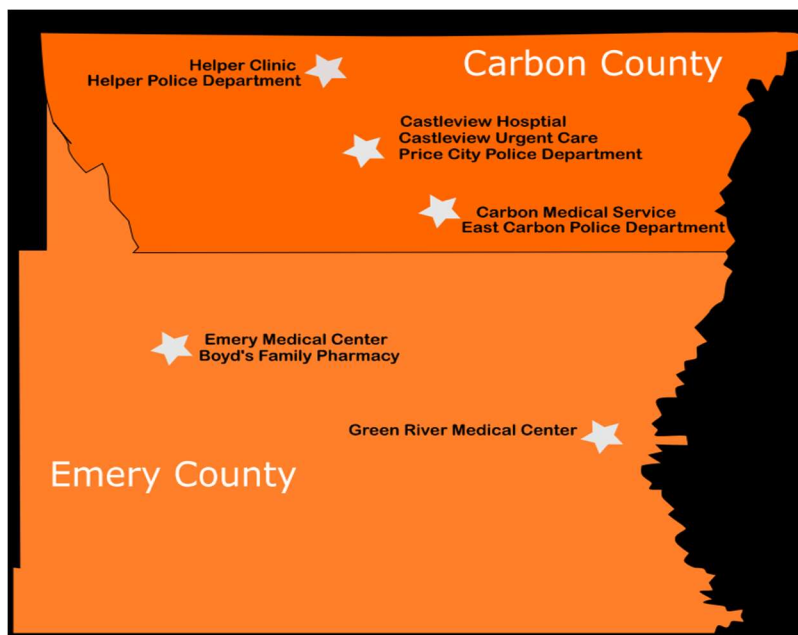
90 West Main St  
Castle Dale, Utah 84513

### **Boyd's Family Pharmacy**

25 West Main St  
Castle Dale, Utah 84513

### **Green River Medical Center**

585 Main Street  
Green River, Utah 84525





### **Four Corners Community Behavioral Health**

#### **Carbon County**

(435) 637-2358  
575 East 100 South  
Price, Utah 84501

#### **Emery County**

(435) 381-2432  
45 East 100 South  
Castle Dale, Utah 84513

Four Corners has 26 different licensed clinicians and therapists to choose from. It is also the sole source provider for most citizens that qualify or currently have Medicaid insurance. Services include:

- Substance Use Treatment Services
  - Adults and Adolescents
  - Pregnant Individuals
- Comprehensive Mental Health Services
  - Adults, Adolescents, and Children
- In-Patient Services
- Residential Support Services
- Case Management
- Peer Support Services
- Psychosocial Rehabilitation
- Medication Evaluation and Management Services
- And more!

## Counseling and Social Work

### **Gray Matters Counseling**

(435) 437-4852 or (435) 637-0467

23 South Carbon Ave. Suite No. 5

Price, Utah 84501

greg.graymatters@gmail.com

[graymatterscounseling.com](http://graymatterscounseling.com)

We all see life through our own prism, with different shapes, colors and ideas. For example, what do you think of when you hear the name *Gray Matters Counseling*? Life experience, Depression, Unclear solutions?

### **LDS Family Services**

Quinn Nelson

(435) 637-2991

630 West Price River Drive

Price, Utah 84501

LDS Family Services offers support groups, counseling services, single expectant parent services, and adoption consultations.

## Counseling and Social Work

### **Jay Jeppson, PhD**

(435) 637-2358

(435) 820-2199

575 East 100 South

Price, Utah 84501

Clinical Psychologist

### **Heath Earl, PhD**

(435) 637-6348

590 East 100 North

Price, Utah 84501-2640

Clinical Psychologist

### **Kara Heugly Counseling**

(435) 637-0171

70 West Main Street

Price, Utah 84501

[khcounseling.wordpress.com](http://khcounseling.wordpress.com)

Through their years of experience, training, and strategies tailored to your needs, your goals of happiness and peace are within reach.

## **Counseling and Social Work**

### **USU Eastern for Students**

Karl Burnside

(435) 613-5337

Jennifer Leavitt Student Center Rm 233,

451 East 400 North

Price, Utah 84501

Monday – Friday 8:00 am – 5:00 pm

The Student Counseling Center provides free counseling on a short-term basis for many concerns and issues facing today's college students.

### **Burt Bruno, LCSW**

(435) 637-5032

(435) 650-6562

### **Christopher Gravett, LCSW**

(435) 610-1896



## Counseling and Social Work

**Deanna Fulcher, RN, CGP**

(435) 630-3985

*Eating to Heal: Nutritional Counseling.* Learn how healing your gut may help with recovery and other illnesses.

**Dannette Moynier, LCSW**

(435) 650-3013

(435) 637-4800

**Boni Taylor, LCSW - Mindful Healing**

375 S. Carbon Ave, Room 129

(435) 630-5086

Price, Utah 84501

**Green River Medical Center**

[grmedicalcenter.org](http://grmedicalcenter.org)

**Amber Fowler, CMHC**

(435) 564-3434

**John Dahle, CMHC**

(435) 564-3434

**Carbon Medical Service**

[carbonmedicalservice.com](http://carbonmedicalservice.com)

**Helper**

(435) 472-7000

**East Carbon**

(435) 888-4411

**Price**

(435) 637-6338

## Medication-Assisted Treatment & Harm Reduction Resources



### **Carbon Medical Service**

[carbonmedicalservice.com](http://carbonmedicalservice.com)

#### **East Carbon**

(435) 881-4411  
331 Highway 123  
Sunnyside, Utah 84539

#### **Helper**

(435) 472-7000  
125 South Main Street  
Helper, Utah 84526

#### **Price**

(435) 637-6338  
250 North Fairgrounds Rd.  
Price, Utah 84501

Carbon Medical Service has two locations: one in East Carbon, an expanded clinic in Helper, and a new location in Price. Both locations have a pharmacy for your convenience, full-time providers, and a fleet of certified nurses to assist you with any health-related questions or needs. A full-time dental clinic has been opened in East Carbon that is fully equipped to serve you and all your dental needs. All service fees are based on a sliding scale.

## **Medication-Assisted Treatment & Harm Reduction Resources**

### **Green River Medical Center**

(435) 564-3434

585 West Main Street

Green River, Utah 84525

[grmedicalcenter.org](http://grmedicalcenter.org)

Green River Medical Center provides Primary Care, Dental Services, and Behavioral Health Services for patients of all ages. They also have a Pharmacy on-site to fill prescriptions. GRMC provides Medication Assisted Treatment (MAT) for those on the journey to recovery.

### **Sterling Potter, MD Family Medicine**

(435) 637-6190 ext. 3906

945 Hospital Drive # 2

Price, Utah 84501

Dr. Potter and his staff are trained to meet the diverse health needs of children and families.

## **Medication-Assisted Treatment & Harm Reduction Resources**

### **Southeast Utah Health Department (SEUHD) Harm Reduction**

(435) 636-1176

(435) 636-1157

28 South 100 East

Price, Utah 84501

[seuhealth.com](http://seuhealth.com)

HCV/HIV testing offered as Mobile Outreach through  
Southeast Health Department Harm Reduction, Thursdays  
3:00pm-7:00pm.

## **Medication-Assisted Treatment & Harm Reduction Resources**

### **Operation Recovery**

(435) 613-1420

77 S 600 East Suite C

Price, Utah 84501

cpowell@fourcorners.ws

Operation Recovery offers various resources to help individuals find physical and emotional stabilization, detox safely, and gain skills to live a fulfilling life in recovery. They offer case management, medication, individual and group therapy, and skills development.

### **Positive Pathways/Peaceful Transitions**

(435) 299-5003

23 South Carbon Ave Suite 21

Price, Utah 84501

postivepathways101@gmail.com

zenarobinson5200@gmail.com (Life Coach)

[sabrindakcarter.wixsite.com/positivepathways](http://sabrindakcarter.wixsite.com/positivepathways)

Providers at Positive Pathways strive to optimize health and wellness by using evidence-based medicine to strengthen the mind and body. Services include prescription management of psychiatric medication and transitional life coaching.

## Alternative Pain Management



### **Matsuda Acupuncture and Herbal Medicine**

(435) 650-2302

894 East 100 North

Price, Utah 84501

[matsudaacupuncture.com](http://matsudaacupuncture.com)

Matsuda Acupuncture and Herbal Medicine uses time-tested, traditional Oriental medicine. They treat individuals using a holistic approach that can simultaneously heal physical, emotional, and spiritual ailments. They seek to help their patients live without pain, have more energy, prevent disease, and heal illnesses.

### **Tai Chi with Active Re-Entry**

Lisa Martinez

(435) 637-4950 ext. 107

Tai Chi can alleviate chronic pain by teaching relaxation methods, strength of body and mind, and by relieving stress and anxiety.

### **Living Well with Chronic Pain**

Free 6-Session Workshop Series

1-888-222-2542

[livingwell@utah.gov](mailto:livingwell@utah.gov)

Register online: [livingwell@utah.gov](mailto:livingwell@utah.gov)

## **Alternative Pain Management**

### **Scoville Chiropractic Pain Relief Clinic**

(888) 637-4802

248 South Utah Highway 55

Price, Utah 84513

[scovillechiropractic.com](http://scovillechiropractic.com)

Whether you're looking for relief from severe chronic pain, searching for ways to beat the aches and pains of day-to-day living, or seeking the "holy grail" of optimal health and peak performance, the Scoville Chiropractic Pain Relief Clinic can help.

### **Healing Arts Center**

#### **Southeastern Integrative Yoga and Mindfulness Classes**

(435) 637-5556

790 N. Cedar Hills Drive

Price, Utah 84501

[healingartscenter.net](http://healingartscenter.net)

Call for class schedules, additional information, or questions.

## Recovery Resources



### **Utah Support Advocates for Recovery Awareness (USARA) Carbon and Emery County**

(877) 590-5965

Peer Recovery Coach

Mersades Morgan: (435) 299-8677

### **Recovery Community Center**

91 East Main St.

Price, Utah 84501

[facebook.com/groups/usara.price](https://facebook.com/groups/usara.price)

[facebook.com/groups/usara.emery](https://facebook.com/groups/usara.emery)

USARA's mission is to celebrate, advocate, support, and empower people in all stages of substance use disorder recovery through building community, connection to resources, and raising awareness that long-term recovery is possible.

USARA offers all pathways to recovery meetings, we currently have meetings every day but Saturday and that may change. Call and/or visit the Facebook page

([facebook.com/groups/usara.price](https://facebook.com/groups/usara.price) or

[facebook.com/groups/usara.emery](https://facebook.com/groups/usara.emery)) for current in-person and online meeting information.



## Recovery Resources

### **CRAFT (Community Reinforcement and Family Training)**

Now located at the USARA Recovery Community Center  
91 East Main St.

Price, Utah 84501

A safe space for families of people with substance use disorder to gather for support in their everyday lives.

Remote support options available.

[www.myusara.com/support/craft](http://www.myusara.com/support/craft)

### **Lost and Found Ministries**

(435) 287-5120

[lostandfound275@gmail.com](mailto:lostandfound275@gmail.com)

Lost and Found Ministries seeks to educate Christians, church leaders, and ministers about substance use disorder and to provide people with substance use disorder the necessary tools to overcome.

### **Life Balance Recovery**

90 W 100 N Suite 17

Price, UT 84501

(801) 367-0394 ex. 702 Heather Barker & Chelsie Durden

[www.lifebalancerecovery.com](http://www.lifebalancerecovery.com)

Life Balance Recovery is here to help support and change the lives of those affected by substance use and mental health disorders through evidence-based practices and individualized treatment plans to meet each individual's needs.

## Recovery Resources

### **LDS Addiction Recovery**

Monica Johnson-Phelps  
(435) 314-9268  
40 South Center Street  
Castledale, Utah 84513

AA and NA meeting Every Tuesday at 7pm to 8pm on the second floor of the County Commissioners Chambers.

### **Alcoholics Anonymous & Narcotics Anonymous**

For further information please visit:

- [na.org](http://na.org)
- [aa.org](http://aa.org)
- [utahaa.org/southeast.php](http://utahaa.org/southeast.php)

### **Women's Group**

Trinity Christian Center  
925 East Main Street  
Price, Utah 84501  
**Tuesdays - 6:00PM**

Gather with women who are going down the same paths as yourself. A safe space for all.

## **In-Patient Treatment Resources**



### **StepOne Services at Castlevew Hospital – Acute Withdrawal Management**

Savannah Eley – Service Coordinator

Intake: 435-636-4808

Direct: 434-749-0279

300 N Hospital Drive

Price, Utah 84501

Inpatient, hospital-based, three to five day acute withdrawal management service. This service is available to adults requiring medical management of withdrawal symptoms from alcohol and/or opioids.

### **Pavilion at Mountain View Hospital**

(435) 465-7041

1000 East 100 North

Payson, Utah 84651

The Pavilion at Mountain View Hospital is a short-term, comprehensive inpatient psychiatric program. It is designed to meet the emotional and psychological needs of adults ages 18 to 55. In addition, their Geriatric Psychiatry services are designed to meet the emotional and psychological needs of senior adults ages 55 and over.

## **In-Patient Treatment Resources**

### **Provo Canyon School / Residential Treatment**

(801) 491-3910

4501 North University Ave

Provo, Utah 84604

Provo Canyon School, founded in 1971, is accredited by the Joint Commission and is licensed by the State of Utah to provide Residential Treatment to youth between the ages of 8 and 18. They are known for their comprehensive programs that provide a wide range of individualized and compassionate care to the students and families they serve. They are committed to providing innovative, evidence-based therapeutic interventions, academic instruction, and life-skills training tailored to the individual needs of each student.

### **University of Utah Neuropsychiatric Institute**

(801) 583-2500

501 Chipeta Way

Salt Lake City, Utah 84108

Specialists at the institute treat conditions like anxiety, eating disorders, major depression, mood disorders, personality disorders, schizophrenia, and substance abuse/chemical dependency for all ages. Their inpatient facility is designed to offer a safe, healing, and beautiful environment. In addition, they provide a continuum of exceptional patient care through intensive outpatient programs, day treatment, and outpatient services throughout the Salt Lake Valley.



### **Advanced Surgical Associates of Price**

(435) 613-7874

945 West Hospital Drive, Suite 4

Price, Utah 84501

[castleviewmedicalgroup.com](http://castleviewmedicalgroup.com)

Dr. Jeffery and his staff are committed to providing the high-quality care their patients deserve, while treating them with the utmost respect. Their main goal is the satisfaction, confidence, and comfort of their patients.

### **Castle Country Orthopedics & Sports Medicine**

(435) 613-6600

4242, 377 North Fairgrounds Road #2

Price, Utah 84501

Dr. Justesen and Dr. Kelly are the physicians that operate at Castle Country Orthopedics & Sports Medicine. They provide services for fractures, sprains, carpal tunnel, sports injuries, trigger finger, osteoporosis, back pain, joint degeneration, and more.

## Healthcare Services

### **Castle Valley Foot & Ankle Specialist**

(435) 637-6797

230 North Hospital Drive, Suite 4

Price, Utah 84501

[castleviewmedicalgroup.com](http://castleviewmedicalgroup.com)

Dr. Brian Griffith and the team at Castle Valley Foot & Ankle specialize in medicine and surgery of the foot and ankle. Whether your pain is annoying or excruciating, Castle Valley Foot & Ankle will diagnose the issue that may be causing you pain and recommend a treatment plan that meets your needs.

### **Castleview Hospital Women's Services**

(435) 637-4800 ext. 3160

300 North Hospital Drive

Price, Utah 84501

[castleviewhospital.net](http://castleviewhospital.net)

Castleview Hospital Women's Services offer education and assistance to families preparing for the birth of a child, such as: prenatal classes, Smart Start classes, breastfeeding education and support, and Sibling Classes (which encourage big brothers and sisters to be part of the event).

## Healthcare Services

### **Daniel Monahan, MD – Internal Medicine**

(435) 637-7960 ext. 3911

230 Hospital Drive

Price, Utah 84501

Dr. Daniel C. Monahan is an Internal Medicine Specialist in Price, Utah. He graduated with honors from UMDNJ New Jersey Medical School in 1976. Dr. Monahan has been practicing internal medicine for over 42 years.

### **David Bradshaw, MD & Hollie Stapley, PA-C**

(435) 613-2229 ext. 3976

280 Hospital Drive #2

Price, Utah 84501

[bradshawobgyn.com](http://bradshawobgyn.com)

At his OBGYN clinic, Dr. Bradshaw and his staff provide a full range of inpatient and outpatient care to women of all ages in all stages of life; including puberty, childbearing, menopause, and aging.

## Healthcare Services

### **Eastern Utah Family Medicine**

(435) 637-3584

317 East 100 North

Price, Utah 84501

Eastern Utah Family Medicine offers:

- Obstetrics
- Sports Medicine
- Pediatric Medicine
- Geriatric Medicine
- Women's Services
- Adolescent Medicine
- Preventative Medicine
- Acute and Chronic Adult Medicine

### **Eastern Utah Spine & Pain**

(435) 613-PAIN (7246)

230 North Hospital Drive Suite 2

Price, Utah 84501

[drrussbeecher.com](http://drrussbeecher.com)

Eastern Utah Spine and Pain Center offers:

- Chronic Pain Treatment
- Physical medicine and rehabilitation
- Therapeutic and diagnostic interventional pain procedures
- Non-surgical evaluation and treatment of spine, nerve, and musculoskeletal pain
- Nerve conduction studies and EMG (to diagnose nerve related conditions including carpal tunnel syndrome)



## Healthcare Services

### **Eastern Utah Women's Health**

(435) 637-0313

590 E 100 N. Suite B, Price, Utah 84501

Danielle Howa Pendergrass DNP, APRN, WHNP

info@easternutahwomenshealth.com

[easternutahwomenshealth.com](http://easternutahwomenshealth.com)

Eastern Utah Women's Health has created a comfortable, trusted place for women to go for their most personal healthcare needs. A place where you can take the time to sit down and openly discuss your health care questions, concerns and problems. Whether it is a simple preventative visit, or a complex hormonal consultation, they are there to listen, guide, and assist you in your healthcare decisions. Services include:

- Comprehensive Women's Healthcare
- Physical Exams for People of Any Sex
- Birth Control Options
- Hormone Therapy Options
- Mental Health Support
- Support for Pregnant Individuals with Substance Use Disorder
- And More!

## Family Resources



*Having a family member with a substance use disorder affects the entire family. With education and treatment for themselves, the family can be an important resource of healing for people with a substance use disorder.*

### **Al-Anon**

Al-Anon members are people, just like you, who are worried about someone with a drinking problem.

[al-anon.org](http://al-anon.org)

### **American Psychological Association Psychologist Finder**

Find the right psychologist for you.

[locator.apa.org](http://locator.apa.org)

### **Substance Abuse and Mental Health Services Administration Locator**

A confidential and anonymous source of information for persons seeking treatment facilities in the United States or U.S. Territories for substance use disorder/addiction and/or mental health problems.

[findtreatment.samhsa.gov](http://findtreatment.samhsa.gov)

## Family Resources

### **CRAFT (Community Reinforcement and Family Training)**

Now located at the USARA Recovery Community Center  
(877) 921-0330

91 East Main St.

Price, Utah 84501

A safe space for families of people with substance use disorder to gather for support in their everyday lives.

Remote support options available.

[www.myusara.com/support/craft](http://www.myusara.com/support/craft)

### **Cure the Conversation**

A resource created by Southeastern Utah Health Department to bring together information on reducing overdose deaths, resources, and personal stories.

[www.curetheconversation.org](http://www.curetheconversation.org)

## Family Resources

**National Association for Caregivers**  
Resources on Peer Support for Caregivers  
[caregiving.org/advocacy/peer-support](http://caregiving.org/advocacy/peer-support)

### How You Can Support Recovery



For more resources visit:  
[extension.usu.edu/heart/resources](http://extension.usu.edu/heart/resources)

## Other Resources



### **Southeast Utah Health Department**

(435) 637-3671  
28 South 100 East  
Price, Utah 84501  
[seuhealth.com](http://seuhealth.com)

### **Michelle Ward**

(435) 636-1157  
kmward@utah.gov  
Opioid Prevention Specialist

### **Amanda McIntosh**

(435) 637-1153  
amcintosh@utah.gov  
Suicide Prevention Specialist

Southeastern Utah Health Department offers a variety of services: Baby Your Baby, Cancer Prevention/Be Wise, HIV and STD Testing, Home Visitation, Immunizations, Medicaid Newborn Home Visits, Tuberculosis Screening, Well Child Screening, and WIC (Women, Infants, and Children).

## Other Resources

### **Stop the Opidemic**

[opidemic.org](http://opidemic.org)

Stop the Opidemic advocates for safer opioid use, encouraging people to steer clear of opioids, avoid taking more, never share painkillers, get rid of unused meds, reach out, and to carry naloxone.

### **Use Only as Directed**

[useonlyasdirected.org](http://useonlyasdirected.org)

Use Only as Directed is a website that offers a three-part solution to better opioid use: Speak Out, Opt Out, and Throw Out. They advocate for opioid safety and connect communities with their local medication disposal drop-boxes.

### **Utah Naloxone in Carbon/Emery/Grand Counties+**

[utahnaloxone.org](http://utahnaloxone.org)

Tori Palma, RN, BSN  
Central Utah Sr. Outreach Educator  
(801) 750-8763

Offering naloxone training and kits in Carbon, Emery, and Grand Counties.

## Other Resources

### **Active Re-entry: Disability Services**

(435) 637-4950

10 South Fairgrounds Road

Price, Utah 84501

[arecil.org](http://arecil.org)

Active Re-Entry is a community-based program that seeks to assist individuals with disabilities. They strive to help individuals achieve self-sufficient, productive lives in their own communities and homes.

### **VA Medical Center**

(435) 613-0342

189 South 600 West Suite B

Price, Utah 84501

A medical clinic that exclusively serves Veterans, offering a variety of services in Carbon County.

## Other Resources

### **Colleen Quigley Women's Center for Domestic Violence**

(435) 637-6589

475 West Price River Drive Suite #152

Price, Utah 84501

This local shelter will help women who are victims of domestic violence. Abuse can be caused by a spouse, boyfriend or girlfriend, cohabitants, or even other family members. It is not a homeless shelter.

### **Cacilia Jensen**

(435) 299-0003

575 East 100 South

Price, Utah 84501

[cjensen@fourcorners.us](mailto:cjensen@fourcorners.us)

Opioid Project Coordinator

“A good half of the art of living is resilience.”

- Alain de Botton



## Other Resources

### **Utah State University- ACT (Acceptance and Commitment Therapy)**

[scce.usu.edu/services/act-guide](https://scce.usu.edu/services/act-guide)

ACT Guide is an online self-help program designed by psychologists at Utah State University to foster emotional wellbeing and help individuals cope with mental health issues including depression, anxiety, and stress.

- Participation is open to all adults aged 18 years and older
- Currently enrolled USU students can access the program for free for six months
- Members of the general public can pay \$10 to access the program for six months

### **Castle Country Youth Center – Youth Services**

(435) 636-4740 or 636-4720

1395 So. Carbon Ave.

Price, UT 84501

[jjs.utah.gov](https://jjs.utah.gov)

Mission: The Division of Juvenile Justice Services is to be a leader in the field of juvenile justice by changing young lives, supporting families, and keeping communities safe.

Services Include:

- Crisis Intervention
- Youth Skill-building
- Family and Parenting Classes
- 24 Hour Services

## Other Resources

### **Utah State University Extension**

[extension.usu.edu](http://extension.usu.edu)

#### **Carbon**

(435) 636-3233

#### **Emery**

(435) 381-2381

Homemaking, food preservation, life skills, health and wellness, relationships, animal and yard care, 4H, and insect identification.

### **Health Extension: Advocacy, Research & Teaching Initiative (HEART)**

[extension.usu.edu/heart](http://extension.usu.edu/heart)

Ashley Yaughner, PhD

(435) 636-3276

HEART brings unique academic resources into the community, partnering locally and nationally to address the opioid epidemic and other pressing public health issues.

### **Carbon & Emery Opioid & Substance Use Coalition**

The Carbon and Emery Opioid and Substance Use Coalition is a grass-roots effort that seeks to coordinate the efforts of our communities to comprehensively address the opioid epidemic we are facing. We seek to decrease stigma; increase effective prevention, treatment, harm reduction, mental health and other efforts; and come together to create healthier communities.

[utahprevention.org/coalitions/carbon-emery-opioid-substance-use-coalition](http://utahprevention.org/coalitions/carbon-emery-opioid-substance-use-coalition)

## **Courts—Carbon County**



### **7<sup>th</sup> District & Juvenile Court**

(435) 636-3400

### **East Carbon Justice Court**

(435) 888-6613

### **Helper Justice Court**

(435) 472-3039

### **Price Justice Court**

(435) 636-3289

### **Wellington Justice Court**

(435) 637-5353

## **Courts—Emery County**



### **Castle Dale 7<sup>th</sup> District & Juvenile Court**

(435) 381-5419

### **Castle Dale Justice Court**

(435) 381-5194

### **Green River Justice Court**

(435) 564-3204

## **Public Safety Listings— Law Enforcement\***



*Ask to be connected with an officer certified in Crisis Intervention Training (CIT).*

### **Dispatch**

(435) 637-0890

### **Carbon County Sheriff's Office**

(435) 636-3251

#### **East Carbon Police Department**

(435) 888-2081

#### **Helper Police Department**

(435) 472-3719

#### **Price Police Department**

(435) 636-3190

#### **USU-Eastern Police Department**

Office: (435) 613-5612

#### **Wellington Police Department**

(435) 637-4830

### **Emery County Sheriff's Office**

(435) 381-2404

#### **Green River Police Department**

(435) 564-3474

## **Public Safety Listings— Fire Department\***



*Ask to be connected with an officer certified in Crisis Intervention Training (CIT).*

### **East Carbon Fire Department**

(435) 888-2100

### **Emery Fire Department**

(435) 381-5540

### **Green River Fire Department**

(435) 564-3229

### **Helper Fire Department**

(435) 472-3572

### **Price Fire Department**

(435) 636-3187

### **Wellington Fire Department**

(435) 637-5213

\*These are non-emergency numbers, for emergencies please call: **911**.

## **Disclaimer**

Please note that the provided resources are for informational purposes and that Utah State University or Utah State University - Extension does not specifically endorse their services. These resources are intended as a guide to available, local services. USU and USU Extension do not control the companies, websites, or services listed in this resource.

If you find any incorrect information in this booklet or would like to add any additional resources, please contact:

Utah State University Extension  
Ashley Yaughner, PhD  
(435) 636-3276  
ashley.yaughner@usu.edu  
751 East 100 North, Suite 2300  
Price, Utah 84501

## **Credits**

Ashley Yaughner, PhD; Justin Sacco, Intern; Melissa Arrien, Intern; Alise Williams Condie, Intern; and Chapel Taylor-Olsen, Health and Wellness Coordinator.

## **EEO/Civil Rights and Non-Discrimination Statements**

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**Notes**

This image shows a full page of blank, lined paper. It features approximately 20 evenly spaced horizontal black lines across its entire width, providing a template for writing or drawing. The margins are consistent on all sides.

## Special thanks to our coalition members and funding partners.



Extension  
**UtahState**University



**HEALTH EXTENSION**  
Advocacy. Research. Teaching.

CARBON & EMERY  
**OPIOID &  
SUBSTANCE USE  
COALITION**



Violence & Injury Prevention Program



**BE EPIC**  
**ESCAPE the VAPE**

E-Cigarette Prevention  
in Rural Communities



For More Information, visit us at [UtahOpioids.org](http://UtahOpioids.org)

This booklet is periodically updated on the  
USU Extension HEART website, found at:  
[extension.usu.edu/heart/community-education-dinner](http://extension.usu.edu/heart/community-education-dinner)